

MARIS STELLA COLLEGE (AUTONOMOUS) , VIJAYAWADA-8
(Affiliated to Krishna University, Machilipatnam)
SYLLABUS

Subject: Social Work

Course Title: Foundations of Social Work

No of Hours: 45

Semester: I

Course code: 20SWCCFS13

LTP: 300

Credit: 3

Course objectives

- To understand history and evaluation of the social work profession both in India and in the west.
- To develop insights into the origin and the development of ideologies and approach to social change
- To develop skills to understand contemporary reality in its historical context.

Course outcomes

CO1: Develop a deeper insight into the concept of social work

CO2: Apply social work goals to guide professional practices

CO3: Apply the values, ethics and principles of social work in various fields

CO4: Outline a framework for social work as a profession

CO5: Describe the concepts of social service for the development of people

Unit-I An Introduction to Social work

(9Hrs)

Social work Concept: Meaning, Definition and Objectives, Scope and Functions. History of social work in UK, USA, and India, social reform movements in India

Unit -II Social Work

(9 Hrs)

Fields of social work, methods of social work, growth of social work theory:

Contribution of social sciences, goals of social work - Developmental, Preventive, Curative and Radical

Unit –III Values and Ethics in Social Work Practice

(9 Hrs.)

Values and ethics of Social Work, Code of conduct for social workers, skills in social work, principles and philosophy of Social work.

Unit-IV Social Work Profession

(9 Hrs.)

Meaning and Definition of Social Work Profession. Professionalization of Social work in India, Issues and Challenges in social work profession, Status of Social Work Profession in India.

Unit –V Concept of Service

(Hrs.)

Social Welfare, Social Service, Social Development, Social Policy and programmes

Skill based activities

- Focused group discussion
- Mind mapping (a process which works well for brainstorming new ideas and working through problems)
- Critical thinking
- Academic skill - reading and writing skills,
- Case study
- Newspaper reading
- Composing songs or poems
- Quiz by students (questioning skill)
- Dramatics skill
- Application of theory in field
- PPT , Film presentations
- Video demonstration
- Group discussion, interactive learning, audio and video recordings

Co-curricular Activities

Assignment on social Work Profession

Students' presentation

Online quizzes

Reference Books

1. Annie Pullen-Sansfaçon (2013), The Ethical Foundations of Social Work, Stephen Cowden Routledge,
2. Banks, S. (1995). Ethics and Values in Social Work: Practical Social Work Series, London: Macmillan Press Ltd.
3. Compton, B. R. (1980). Introduction to Social Welfare and Social Work. Illinois: The Dorsey Press.
4. Desai, Murli, (2006). Ideologies and social Work: Historical and Contemporary Analyses, Rawat Publication, New Delhi

Prescribed Books

1. National Association of Social Workers.(2008). Code of Ethics of the National Association of Social Workers. Washington, D.C.: NASW Press.
2. O' Hagan, Kieran, Kingsley, Jessica (2003) Competence in Social Work Practice- A Practical Guide for Professionals, London
3. Skidmore, Rex A.(1982), Introduction to Social Work, New Jersey, Thackeray, Milton G. Prentice-Hall, Englewood Cliffs.
4. Surendra Singh (Chief Editor). (2012): Encyclopedia of Social Work in India. Lucknow: New Royal Book Company.

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: I

Course Title : Field Practicum

Course Code: 20SWCCFP11

LTP: 002

No of hours: 30

Credit : 1

Course Objectives

- To practice the methods of working with individuals and groups.
- To explore the role of social workers' in different settings.
- To develop and understand the role of social workers.

Course Outcome

CO1: Understand the functions of NGOs, GOs.

CO2: Apply skill in field work like rapport building, report writing, observation and analysis.

CO3: Experience and exposure to practice of social work methods at micro and macro level.

CO4: Analyse the social realities at ground level.

Field Practical:

1. Familiarization with agency and develop an agency profile with focus on: Observe agency functioning **(6 hours)**
 2. Practice the methods of working with individuals and groups in the agency **(6 hours)**
 3. Practice the Skills in observation, listening, group discussion and report writing. **(6hours)**
 4. Students equip with the necessary skills to deliver competent and ethical social work services. **(6 hours)**
 5. Educating students to better understand social work philosophy, gain self-awareness, and refine knowledge and skills. **(6 hours)**
- Viva Voce at the end of the semester

MARIS STELLA COLLEGE (AUTONOMOUS) , VIJAYAWADA-8

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SYLLABUS

Subject: Social Work

Semester: II

Course Title: Psycho–Social Concepts

Course Code: 20SWCCPS23

LTP - 300

No. of Hours: 45

Credits: 3

Course Objectives

- To understand the basic sociological concepts and notions of society
- To know basic concepts of human behavior

Course Outcomes

CO1: Explain the sociological concepts underlying society

CO2: Demonstrate the notions of society and their processes

CO3: Discuss theories of human behavior and personalities

CO4: Analyze the stages of human growth and development

CO5: Outline a framework for different types of counseling

Unit-I Introduction to sociological concepts

(9Hrs.)

Society, man and society and its relationship .Caste, Class, power and Authority. Social Values, Norms, Customs, Mores and Culture, Social Institutions: Family, Marriage and Religion.

Unit –II Notions of Society

(9Hrs.)

Social process: concepts, importance and types, Social Change: concept, characteristics and factors. Social control: concept and characteristics, Socialization: Concept, process and characteristic

Unit –III Understanding Human Behavior

(9Hrs.)

Role of Hereditary and Environment in Personality Development, Defense Mechanism in Human Behaviour. Personality: Meaning, Definition of Personality, Types of Personality, Freud's Theory of Subconscious Mind, Coolies Theory of Looking Glass Self.

Unit-1V Stages of Human Growth and Development

(9Hrs.)

Infancy, Early Childhood, Late Childhood, Adolescence, Early adulthood, Middle adulthood and old age .Attitude: Meaning, Definitions Characteristics, Factors and Scales in Attitude. Stereotype: Meaning, Definitions, Characteristics and Influence of Stereotype in Personal life, Social adjustment: Meaning, Definitions, Characteristics and Problems of Adjustment.

Unit-V Counseling

(9Hrs.)

Meaning, Definitions, Counseling Process and Steps in the Counseling Process, Skills in Counseling. Types of counseling: Family and Marriage Counseling, Educational Counseling, Vocational and Career Counseling

Skill based activities

- Focused group discussion
- Mind mapping (a process which works well for brainstorming new ideas and working through problems)
- Critical thinking
- Academic skill - reading and writing skills,
- Case study
- News paper reading
- Composing songs or poems
- Quiz by students (questioning skill)
- Dramatics skill
 - Application of theory in field
 - PPT , Film presentations
 - Video demonstration
- Group discussion, interactive learning, audio and video recordings

Co-curricular Activities

Assignment on stages of Human Growth and Development

Students' presentation

Online quizzes

Reference Books

1. Hurlock. E.B. 1971, Developmental psychology, fifth edition, New Delhi.
2. Kuppuswamy, B. 1950, An introduction to social psychology, Mumbai
3. Clifford. T. Morgan 1993, introduction to psychology, Tata Mcgraw Hill
4. S. Dandapani, 2005 general psychology, Neel Kamal publishers, New Delhi
5. S. Narayana Rao Prem Sahajpal, counseling and guidance, Tata McGraw, New Delhi

Prescribed Books

1. Ahuja ,Ram (1997) Social Problem in India, Rawat Publishers, Jaipur
2. B. Vaikuntan (2005) Personality Development , Purushanva Publications
3. M.S.A. Rao (2004) Social work Movement in India ,Manohar publication.
4. Nadeem Hasnain (2011) Indian Society, Themes and Social issues
Srinivas, M.N. (1991) Indian Social Structure. New Delhi: Hindustan Publishing House.

MARIS STELLA COLLEGE (AUTONOMOUS) , VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester : II

Course Title: Field Practicum

Course Code: 20SWCCFP21

LTP- 002

No of hours:30

Credit : 1

Course Objectives

- To practice the methods of working with individuals and groups.
- To explore the role of social workers' in different settings.
- To develop and understand the role of social workers.

Course Outcomes

CO1: Understand the functions of NGOs, GOs.

CO2: Apply skill in field work like rapport building, report writing, observation and analysis.

CO3: Experience and exposure to practice of social work methods at micro and macro level.

CO4: Analyze the social realities at ground level.

Field Practical:

1. Familiarization with agency and develop an agency profile with focus on: Observe agency functioning **(6 hours)**
2. Practice the methods of working with individuals and groups in the agency **(6 hours)**
3. Practice the Skills in observation, listening, group discussion and report writing. **(6hours)**
4. Students equip with the necessary skills to deliver competent and ethical social work services. **(6 hours)**
5. Educating students to better understand social work philosophy, gain self-awareness, and refine knowledge and skills. **(6 hours)**

Viva Voce at the end of the semester

MARIS STELLA COLLEGE (AUTONOMOUS) VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: III

Course Title: Social Work Methods-I

Course Code: SWCO26

No. of Hours: 60

Credits: 3

Course Objectives

- To acquaint with the case work and principles of case work
- To understand the process of case work and in different settings.
- To know the skills and techniques of case work .
- To equip the students with the understanding of group work
- To understand the community organizations and its functions
- To gain knowledge on social action

Course Outcomes

CO1: Collect information, organize and interpret client system/organizational data.

CO2: Assess clients/client systems, strengths and limitations.

CO3: Develop mutually agreed upon intervention goals, objectives and intervention strategies

CO4: Initiate actions to achieve goals within the context of the organization.

CO5: Incorporate prevention interventions to enhance client capacities.

CO6: Creating awareness regarding Bill drafting and Legislation.

Unit –I Case work

(10Hrs.)

Case work, Definitions, Historical Development of Case Work, Case Work as a Method of Social Work. Principles of Case Work: Developing and Utilizing Resources, Worth and Dignity of Client, Uniqueness and Individuality, Problem Solving Capacities, Self-determination and Confidentiality

Unit -II Process of Case Work

(10Hrs.)

Intake Procedure, Study, Diagnosis, Treatment and Follow up. Components of Case Work: Person, Place, Problem and Professional relationship. Social Case Work in Different Settings: Hospitals, Schools, Industries. Correctional institutions, Family and Child Welfare and Community Settings .

Unit - III Techniques of Case Work

(10Hrs.)

Communication, Listening, Use of Self with Awareness, Professional Relationship, Crisis Intervention and Family Therapy. Case Work Skills: Rapport Establishment, Interviewing, Enabling, Facilitation, Resource mobilization, Reflective thinking and Analysis. Recording: Principles and Types of Recording

Unit -IV Group work

(10Hrs.)

Historical Development of Group Work, Values, Principles, Skills in Group Work, Group Work as a Method of Social Work. Group Work Process: Pre affiliation, Power and Control, Intimacy, Differentiation and Separation. Techniques of Group Work: Cognitive and Transitive Techniques Group Dynamics: Leadership, Conflict, Communication and Relationship. Use of Group Work in Different Fields: Hospital, Correctional Setting, Schools and Communities. Recording in Group Work

Unit -V Community organization

(10Hrs.)

Definition, Historical Development of Community Organization. Community Organization as a Method of Social Work, Principles of Community Organization Skills of Community Organizer: Problem Analysis, Mobilization, Conflict Resolution, Organizing Meeting, Documentation and Networking, Use of Community Organization in Different Settings- Rural, Urban, Tribal.

Unit -VI Social Action

(10Hrs.)

Meaning, Scope Historical Development of Social Action, Principles, Techniques. Stages of Social Action: Creating Awareness, Financial Resources, Bill drafting and Legislation.

Reference Books

1. Fried Lander, W- 1978 Concepts and methods of social work. Englewood, cliffs Prentice Hall
2. Gangrade, K.D- 1971 Community organization in India, Bombay
3. Ross, M.G 1955 – Community organization theory in India.
4. Rameshwari Devi & Ravi Prakash 2004, Social Work Methods, Practices and perspectives, Mangal deep publications, Jaipur

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SYLLABUS

Subject: Social Work

Semester: IV

Course Title: Social Work Methods-II

Course Code: SWC027

No. of Hours: 60

Credits: 3

Course Objectives

- To be able to demonstrate social work research and techniques.
- To apply the types of research, research concepts and procedures
- To analyse the methods of social research

Course Outcome

CO1: Define the processes of social scientific research; distinguish between the requirements and limitations of the various methodologies used in the social sciences,

CO2: Develop the ability to conceptualize, formulate and conduct simple research projects

CO3: Develop an ability to see the linkage between practices, research, theory and their role in enriching one another

CO4: Identify various modes of design for data collection.

CO5: Distinguish between reliable and unreliable information, and interpret data tables, figures and graphs accurately .

CO6: Understand the logic of probability sampling and distinguish between the applications of data generated through probability and nonprobability sampling

Unit –I Social Work Research

(10Hrs.)

Meaning of Research, Definition, Objectives, Significance of Research, Functions of Research, and Criteria for good. Difference Between Social Work Research and Social Research. Types of Research: Descriptive and Analytical, Applied and Fundamental, Quantitative and Qualitative, Conceptual and Empirical.

Unit –II Research process:

(10 Hrs.)

Formulating Research Problem, Review of Literature, Formulation of Hypothesis Research Design, Sample Design, , Data Collection, Pilot Study, Analysis of Data, Hypothesis Testing, Generalization and Interpretation, Report Writing, Criteria of Good Research

Unit –III Research Design**(10 Hrs.)**

Meaning of Research Design, Need for Research Design and Features of Good Design. Types of Research Design: Exploratory, Descriptive, Experimental and Evaluative.

Unit –IV Sample**(10 Hrs.)**

Meaning, Need for Sampling, Steps in Sampling, Sampling Procedure, Reliability in Sampling, Universe of the Study, Difference Between Sample and Universe. Types of Sampling: Probability Sampling and Non- Probability Sampling. Probability sampling: Random sampling, Stratified sampling, Cluster sampling, Area sampling and Multi stage sampling. Non- probability Sampling: Convenient Sampling, Purposive Sampling

Unit –V Methods of Data Collection**(10Hrs.)**

Primary and Secondary Methods. Primary Methods of data Collection: Observation, Participant and Non- Participant Observation, Case Study, Experimental Method, Interview, Interview Schedule, Interview Guide, Census and Questionnaire, Difference between Interview Schedule and Questionnaire. Secondary Method of Data Collection: Report, Print and Electronic Media, Internet, Documents and Journals.

Unit –VI Processing of data**(10 Hrs.)**

Editing, Coding, Tabulation and Classification, Application of Statistical Tools, Analysis, Interpretations and Report Writing

Reference books

1. Polansky, N.A. 1960 – Social work research, University of Chicago.
2. Wilkinson and Bandarker 1977 Methodology and techniques of social research, Himalaya publications
3. C.R Kothari 2005, Research Methodology, methods Techniques, New age International publishers, New Delhi

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work
Course Title : Field Practicum
No of Hours : 30

Semester :IV
Course Code: SWC028
Credit: 1

Course Objectives

- To practice the methods of working with individuals and groups.
- To explore the role of social workers' in different settings.
- To develop and understand the role of social workers.

Course Outcomes

CO1: Understand the functions of NGOs, GOs.

CO2: Apply skill in field work like rapport building, report writing, observation and analysis.

CO3: Experience and exposure to practice of social work methods at micro and macro level.

CO4: Analyse the social realities at ground level.

Field Practical:

1. Familiarization with agency and develop an agency profile with focus on: Observe agency functioning **(6 hours)**

2. Practice the methods of working with individuals and groups in the agency **(6 hours)**

3. Practice the Skills in observation, listening, group discussion and report writing. **(6hours)**

4. Students equip with the necessary skills to deliver competent and ethical social work services. **(6 hours)**

5. Educating students to better understand social work philosophy, gain self-awareness, and refine knowledge and skills. **(6 hours)**

Viva Voce at the end of the semester

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: V

Course Title: Women & Child Development

Course Code: SWC029

No. of Hours: 60

Credit: 3

Course Objectives

- To have a perspective regarding pre and post status of women and to know gender related problems and preventive measures
- To gain an overview of agencies where children from the major client group, and appropriate evaluation of children's problems
- To impart to the trainee regarding specific social work intervention methods in dealing with children as a client
- To understand the rights and legal issues of children and women in national and international context

Course outcomes

CO1: Identify the legal issues pertaining to women

CO2: Address the issues of children and analyses the reasons and find out appropriate problem solving strategies

CO3: Identify theories and research applicable to women in the criminal justice system

CO4: Demonstrate knowledge of feminism and feminism theory as sources for understanding female criminals and professional women in the criminal justice system

CO5: Identify the institutions that cater the needs of children and women

UNIT - I Role and Status of Women in India

(10.Hrs.)

Changing Perspectives of the Role and Status of Women in India, the Historical Perspectives of Women's Movement in India. Status of Women in the Context of Family, Marriage, Religion and Economy.

UNIT- II Concept of Gender**(10.Hrs.)**

Concept of Gender and Sex; Constitutional Provisions and Programmes Pertaining to Women in India

UNIT- III Gender Related Problems**(10.Hrs.)**

Female Feticide, Infanticide, Rape, Wife Battering, Dowry Death, Domestic Violence and Feminization of Poverty

UNIT- IV Violence Against Women**(10.Hrs.)**

Domestic Violence - Legislations Such as Dowry Prohibition Act; 1961 (Amended-1984), Prevention of Domestic Violence Act 2005. Pre-Natal Diagnostic Techniques (Regulation and Misuse) Act 1994

UNIT- V Child Development**(10.Hrs.)**

Concept, Definition, Influence of Heredity and Environment - Family, Peer Group, Neighborhood and School - Street Children, Child Labour, Neglected and Abused Children and their Problems. Institutional and Non-institutional Service for Children

UNIT - VI Programmes for Women and Children**(10.Hrs.)**

Maternity and Child Welfare, ICDS, Child Line, SHGs, DWCRA, Role of Social Worker in Women and Child Welfare and Development

Reference Books

1. Brook E and Davis, A.N.N. - Women the family and Social Work
2. Uma ShankerJha and PremalathaPujari -Indian Women To-day (Vol.1& 2)
3. Kumar, R. - Child development in India (Vol. 1 & 2)

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: V

Course Title: Criminology & Correctional Administration **Course Code: SWC030**

No. of Hours: 60

Credit: 3

Course Objectives

- To acquaint with the correctional institution and non- institutional programmes
- To understand the different services for juvenile, young and adult offenders and also to understand the legal provisions and procedures for their assistance
- To know the role of police in crime investigation and to understand the role of custodial staff in the process of correction and rehabilitation
- To equip the students with forensic science and functions of central and state laboratories in crime investigation
- To understand the structure, function, treatment and facilities provided by the state and central government institutions

Course Outcomes

CO1: Understand how criminal justice policies and the networking

CO2: Analyze criminal behavior and criminal law and understand it in the context of societal relations to criminals.

CO3: Explore the relationship between ideology, power and criminal justice.

CO4: Working knowledge of the machinery of justice to understanding of the criminal justice system

CO5: Strive towards and find strategies to solve problems and be agents of social control.

CO6: Illustrations of juvenile delinquency from the delinquent's own perspective.

UNIT- I Concept of Criminology

(10 Hrs.)

Definition, Nature, Scope and Importance of Criminology Classification of Crime under English Common Law, Indian Penal Code

UNIT - II Concept of deviance

(10 Hrs.)

Definition, meaning, scope. Theories of Criminology- Demonological theory, Classical and Neo-Classical, Typological and Sociological

UNIT - III Concept of Crime**(10 Hrs.)**

Definition, Meaning, Scope; Characteristics of Crime and Elements of Crime. Crime Causes- Social, Economic, Political and Psychological, Types of Criminals- Habitual, Professional and White Collar Criminals

UNIT- IV Correctional Administration**(10 Hrs.)**

Definition, philosophy, objectives, methods and approaches of contemporary correctional social work. General organization of the State Police-Administrative hierarchy and the Ranges, Special units of State Police: crime investigation department (CID), Directorate of Civil Rights Enforcement (DCRE) government Railway Police (GRP).

UNIT – V Forensic Science**(10 Hrs.)**

Historical development and Principles, Pioneers and their contributions. Forensic Science Laboratories, divisions and functions of the Central and state laboratories. Role of experts in crime investigation and detection

UNIT- VI Social legislation related to crime**(10Hrs.)**

Juvenile delinquency, prostitution, alcoholism and drug addiction, untouchability and female feticide. The preventive and remedial services available at the Government and Non-Governmental level to deal with social problems

Reference Books

1. Barnes & Teeters, N.K. (1966). New Horizons in Criminology, New Delhi: Prentice Hall of India.
2. Clinard, M.B. et. al. Anomie and Deviant Behavior, Free Press.
3. Cohen, A.K. (1970). Deviance and Control, New Delhi: Prentice Hall of India.
4. Glasser D. Handbook of Criminology.
5. Maguirem, et. al. (ed.) (1994). The Oxford handbook of Criminology, London: Clarendon Press.

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: V

Title of the Course : Field Practicum

Course Code: SWC031

No of Hours: 30

Credit: 1

Objectives

- **To able to apply the social work methods in the field**
- **To analyze the problems solving methods applied by the NGOs**

Course Outcomes:

CO1: Understand the problems in urban, rural and tribal settings

CO2: Develop skills to work schools, families

CO3: Acquire psychiatric knowledge to deal with patients in the Hospitals

CO4: Acquire problem solving skills of juvenile delinquents

CO5: Develop skills of lobbying and advocacy

Syllabus:

1. Ten case studies (from ICDS, child line, SHGs, Family counseling centers, marital counseling centers)
2. Viva Voce at the end of the Vth semester

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work
Course Title: NGO Management
No. of Hours: 60

Semester: VI
Course Code: SWC032
Credit :3

Course Objectives

- To develop an understanding about the role of NGOs in societal development
- To develop the ability to identify collaborative strategies between NGOs and government institutions
- To equip the students with financial management and sources of finance and the need for strategic planning
- To equip the students regarding corporate social responsibility and the role of government and non- governmental organizations in CSR.

Course Outcomes

CO-1 Increase awareness that management techniques are crucial to project success in non-governmental organizations

CO-2 Address varieties of issues such as religion, emergency aid, or humanitarian affairs.

CO-3 Mobilize public support and voluntary contributions for aid as they often have strong links with community groups in developing countries

CO-4 Work in areas where government-to-government aid is not possible.

CO-5 Collaborates with NGOs as a part of the international relations landscape as they influence national and multilateral policy-making, increasingly they are more directly involved in local action.

UNIT - I Non-Governmental Organizations (10Hrs.)

Concept and Definition of NGO, Historical views of NGO, Evolution of NGOs in India, Characteristics of an NGO, Classification of NGO

UNIT - II Promotion of NGOs (10Hrs.)

Defining the Organization, Establishing the Governing Body, Registering the Society, Types of registration, A.P. Societies Registration Act. 2001 - Features and Steps

UNIT - III Management of the NGOs (10Hrs.)

Functions of Chairperson, Governing Body Members, Treasurer. Functions of Management -Meaning and Nature, principles (POSDCORB) Planning, Organizing, Staffing, Directing Coordination, Recording and Budgeting.

UNIT – IV Management by Objectives (10Hrs.)

Process- Review of Organizational Objectives, Goal Setting, Planning for Action, Implementation of Objectives, Control and Appraisal, Repeat the Cycle

UNIT - V Financial Management (10Hrs.)

Sources of Finance - Governmental and Non-Governmental; Methods of Resource Mobilization, Formulating a Project, Preparing an Organizational Budget, Significance Strategic Planning – Meaning, Need for Strategic Planning, Strategic Planning Process: Getting Ready, Vision and Mission Statement, Environmental Scan, Gap Analysis, Review of Vision and Mission, Form Goals and Objectives, Developing Key Strategies, Developing Action Plan, Implementation, Monitoring and Review

UNIT- VI Corporate Social Responsibility (CSR) (10Hrs.)

Definitions, Evolution and Dimensions of CSR.Role of Government and NGO in CSR. Triple Bottom Line Approach of CSR: Economic, Social, Environmental. Stakeholders and Social Preferences: Customer, Employees, Communities, Investors. Social Advocacy and Lobbying for the Deprived Groups

Reference Books

1. Chandra SnehaLatha - Non-Governmental Organization structure relevance and functions.
2. Thomas, A. - What is development?
3. Drucker, P. - Managing non-profit Organizations
4. John Santiago Joseph 2012, NGO Management

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: VI

Course Title: Social Problems & Social Legislations

Course Code: SWC033

No. of Hours: 60

Credits: 3

Course Objectives

- To develop understanding about basic concepts related to social justice, social legislations, fundamental rights and human rights
- To develop an understanding about the structure and functions of various agencies in the justice system
- To get a broad and critical understanding about various social legislations related to children, women, aged, HIV/AIDS victims, marginalized and disabled groups.
- To develop critical insights about legal aid provisions for poor and marginalized
- To understand global problems and the relevance of laws and legal systems in social work practice

Course Outcomes

CO:1 Analyze the environmental influence on social problems

CO:2 Identify the relevant legal system existing to curb the problems

CO:3 Understanding of how social class affects individual life chances.

CO:4 Demonstrate an understanding of social structure and how it shapes and influences social interactions

Unit- I Social Problems

(10Hrs.)

Definition of Social Problem, Nature of Social Problems

Social problems in India- Unemployment, Poverty, Social Deviance, Caste and Class, Family Disorganization, Beggary, Illiteracy, Problems of Physically and Mentally Challenged People. Social Legislation and Remedial Measures of Social Problems

Unit –II Problems of Youth**(10Hrs.)**

Youth Unrest, Concept and Characteristics and its Effects on Youth.

Drug Addiction and Alcoholism- Basic concepts, Nature, and Impact of abusable Drugs, Extent and Nature of Drug Abuse, Causes of Alcohol Abuse and Problems and the Preventive and Remedial Services

Unit –III Prostitution**(10Hrs.)**

Definition, Types of Prostitutes, Causative Factors of Prostitution. Prostitution and its Impact on Society and various Legal aspects of Prostitution, Prevention and Control of Prostitution

Unit –IV HIV/AIDS**(10Hrs.)**

Meaning, Causes of Infection, Magnitude of the Problem, Vulnerability to HIV/AIDS and its Effect on Society. Role of UNAID, NACO, APSACS, NGOs and Media in the Prevention and Control of HIV/AIDS. Import Treatment Approaches and Services - VCTC, PPTCT and related Services.

Unit -V Problems of the Aged**(10Hrs.)**

Social Problems, Economic Problems, Psychological Problems -Isolation, Feeling of Alienation, Anxiety, Depression, Old Age Pensions, Benefits and Services for the Aged and Mobile Services. Legal aspects concerning Senior Citizens

Unit -VI Global Problems**(10Hrs.)**

Globalization- Meaning, Characteristics, Positive and Negative aspects, Remedial measures to curb the negative effects of Globalization, Privatization and Liberalization and its effects on Society. Role of Social Workers in Preventive aspects of Global Social Problems

Reference Books

1. Barber, J.G. (1995). Social work with Addiction, New Delhi: MacmillanPublications
2. Becker, K.A. (1966). Social Problems: a Modern Approach, New York, John Wiley and Sons.
3. Dandekar, V.M. and Rath, N. (1971). Poverty in India, Poona: Indian School of Political Economy.

4. Fischer, J.H. (ed.) (1971). Problems of Urbanization, Bombay: Leslie Sawhny Programme for Training for Democracy.
5. Gangrade, K.D. (1978). Social Legislation in India, Vol.I& II, Delhi:Concept Publishing Company.

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
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SYLLABUS

Subject: Social Work

Semester: VI

Course Title: Medical & Psychiatric Social Work

Course Code: SWC034

No. of Hours: 60

Credit : 3

Course Objectives

- To understand historical background of psychiatric social work in India and abroad
- To understand the signs and symptoms, etiology, diagnosis and treatment of mental health problems
- To understand different services for the care of mentally ill and social work intervention in a medical setting
- To understand various mental disorders such as anxiety disorders, personality disorders, eating disorders, psychosomatic disorders
- To understand the nature of psychiatric social work and various acts pertaining to psychiatry.

Course Outcomes

CO1: Understand the link between body and mind and psychosomatic sickness become aggressive in the human body

CO2: Explore how the experience of health and illness is shaped by social and cultural contexts.

CO3: Understand how social and cultural influences on the experience of health and illness.

CO4: Demonstrate an understanding of how physical ailments are perceived by the patient

CO5: Understand various therapeutic models and techniques that can be used in psychiatric treatment

UNIT- I Medical Social Work**(10Hrs.)**

Concept of Health; Definition, Meaning and Historical Development of Medical Social Work in USA and India. Therapeutic Models in Psychiatric Social Work: Various Theoretical Approaches and Treatment Techniques.

UNIT - II Anxiety Disorders**(10Hrs.)**

Generalized Anxiety Disorder, Panic Disorder, Phobia, Obsessive Compulsive Behavior, Post-Traumatic Stress Disorder, Acute Stress Disorder Symptoms, Causative Factors and Role of Social Worker. Mood disorder: Clinical Depression, Dysthymic Disorder, Manic Depression, Cyclothymia, Seasonal Affective Disorder, Postpartum Depression **Phobia:** Types and Causative Factors of Phobia.

UNIT – III Personality Disorders**(10Hrs.)**

Paranoid, Schizoid, Schizotypal, Antisocial, Borderline, Histrionic, Avoidant, Dependent, Obsessive Compulsive Personality Disorders. Schizophrenia:Types – Paranoid, Disorganized, Catatonic, Undifferentiated, Residual, Classification Schizophrenia: Schizophreniform, Schizoaffective, Brief Psychotic, Delusional Disorders

UNIT - IV Eating disorders**(10Hrs.)**

Anorexia Nervosa, Bulimia Nervosa, Binge Eating, Psychosomatic disorders: Somatisation, Conversion, Pain Disorder, Hypochondriasis, Body dysmorphic, Factitious disorders

Mental retardation: Definition, Causative Factors, Types, Symptoms and role of Social Worker. Autism Spectrum Disorder (ASD). Attention Deficit Hyperactivity Disorder (ADHD), Signs and Symptoms and Disruptive Behaviour Disorders in Children

UNIT - V Communication in Hospital**(10Hrs.)**

Medical Social Worker as a Communicator and Interpreter, Role of Medical Social Worker in Treatment Plan. Specific Social Work Interventions in a Medical Setting

UNIT - VI Psychiatry and Law**(10Hrs.)**

Indian Lunacy Act, Mental Health Act, 1987. Rehabilitation Council of India Act, 1992.The Persons with Disabilities Act, 1995

Reference Books

1. Bereson, A.S. (1980). Control Communicable Diseases in Man (13thed.), New York:
2. Park, K. (2004). Park's Textbook of Preventive and Social Medicine, Jabalpur
3. Susser, M.W. and Watson, W. (1962). Sociology in Medicine, London: Oxford.
4. Fergusion, T. & Machpail, A.N. Hospital and Community.

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8

(Affiliated to Krishna University, Machilipatnam)

SYLLABUS

Subject: Social Work

Semester : VI

Title of the Course : Field Work

Course Code: SWC037

No of Hours: 30

Credit:1

Objectives

- To be able to understand the NGOs involvement in helping people
- To develop skills in working with people

Course Outcomes

CO1: Develop research aptitude and focus on the gap areas that need to be addresses

CO2: Learn to identify new insights and method of analyzing it

CO3: Aptitude towards review of literature

CO4: Learn to form hypothesis and learn to test it

CO5: It create a curiosity in learning more and facts about various issues

Syllabus:

1. Selection of the topic, Review of literature
2. Formulating Hypothesis, Sample selection, Research design
3. Developing tools for data collection, Data analysis & interpretation
4. Report writing

MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA - 8
(Affiliated to Krishna University, Machilipatnam)
SYLLABUS

Subject: Social Work

Semester: VI

Title of the Course : Field Practicum

Course Code: SWC036

No of Hours : 30

Credit:3

Course Objectives:

- To practice the methods of working with individuals and groups.
- To explore the role of social workers' in different settings.
- To develop and understand the role of social workers.

Course Outcomes:

CO1: Develop research aptitude and focus on the gap areas that need to be addresses

CO2: Learn to identify new insights and method of analyzing it

CO3: Aptitude towards review of literature

CO4: Learn to form hypothesis and learn to test it

CO5: It create a curiosity in learning more and facts about various issues

Syllabus:

1. Selection of the topic, Review of literature
2. Formulating Hypothesis, Sample selection, Research design
3. Developing tools for data collection, Data analysis & interpretation
4. Report writing

**MARIS STELLA COLLEGE (AUTONOMOUS), VIJAYAWADA-8
(Affiliated to Krishna University, Machilipatnam)**

SYLLABUS

Subject: Social Work

Semester: VI

Title of the Course : Major Project

Course Code: SWC035

No of Hours: 30

Credit : 3

Course Objectives

- To develop their skills in critical thinking, collaboration, communication, reasoning, synthesis, and reporting
- To develop research aptitude and focus on the gap areas that need to be addresses
- To encourage professional outlook and take up empirical studies

Course Outcomes

CO 1 Learn to identify new insights and method of analyzing it

CO 2 Aptitude towards review of literature

CO3 Learn to form hypothesis and learn to test it

CO 4 It create a curiosity in learning more and facts about various issues

CO 5 Process scientific evidence to inform the public and participate in political dialogue

Guidelines for the Student Study/Research Project

The student study/research project is a mandatory component of the UG programme w.e.f. 2020 batch onwards. All students are required to undertake substantial study/research project during semesters III and IV which has to be evaluated at the end of semester IV. The project can be either disciplinary or inter-disciplinary and either subject related or a general one.

Objectives:

- To provide an opportunity for a student to focus her creativity on good causes helping to address local, national, regional, global development needs
- To promote student inquiry, independent study/research and creativity among students

Learning Outcomes:

Through research, students will be able to

- Develop and satisfy their intellectual curiosity
- Carry out a substantial research-based project
- Analyse data and synthesize research findings
- Report research findings in written and verbal forms
- Use library and other tools to search for content relevant to their topic
- Identify and practice research ethics and responsible conduct in research
- Work collaboratively with other peers, using listening and communication skills

General Guidelines:

1. All students must carry out an independent study/research in an area of their interest.
2. The project should be new, original and not a replica of existing work
3. The project report should be submitted before the 4th SEE
4. The student should work under the guidance of a project supervisor (Inter/UG/PG/MBA) of her choice
5. No. of contact hours: 30
6. No. of credits: 2
7. Record of attendance has to be maintained by the project supervisor
8. Maximum percentage of plagiarism allowed: 20
9. The student should submit a hard copy of the project report and a soft copy of the same to the supervisor.
10. Group project: Max. 3 students only

In case of a group project the names of three students are to be mentioned on the title page and in the declaration form.

11. No. of projects/students for a supervisor: 5 to 8 per year

(Group project is considered as a single project)

12. In case of a student's project being not approved, she is not eligible to get final degree certificate. The student then has to rewrite the project based on the remarks of the evaluator.

Suggested areas of study (Some of the general topics):

1. Sustainable development goals (SDGs)

2. Gender
3. Ethics
4. Human values
5. Environment & Sustainability
6. Constitutional Obligations:

Values, Rights, Duties and Responsibilities of citizens etc.

7. Creative live projects for the institution:

Developing: (i) e-content (ii) OERs (iii) Blogs (iv) An online course (Duration: Max. 30 mins.) (v) Student information system (vi) Document manager (vii) Information portal (viii) Students records system etc.

Structure of the Project Report:

I. Preliminary pages:

1. Title page (Format is attached)
2. Declaration (Format is attached)
3. Acknowledgement
4. Certificate from the supervisor (Format is attached)
5. Abstract (Maximum 2 pages)
 - Purpose and Objectives of the study
 - Significance of study
 - Methodology used
 - Findings
 - Recommendations
6. Table of contents

II. Main Document: (Pagination should begin in chapter 1)

- Chapter 1: Introduction
- Chapter 2: Literature Review
- Chapter 3: Methodology
- Chapter 4: Findings and Discussion
- Chapter 5: Summary, Conclusion and Recommendations

III. References (Bibliography)

Evaluation criteria:

1. Evaluation has to be done by the internal examiner & project supervisor
2. Maximum marks: 100

Project Report: 40 M (Internal examiner: 20 M + Supervisor: 20M)

Viva: 30 M

Syllabus:

1. Selection of the topic, Review of literature
2. Formulating Hypothesis, Sample selection, Research design
3. Developing tools for data collection, Data analysis & interpretation
4. Report writing
5. Conclusion

MARIS STELLA COLLEGE (AUTONOMOUS) , VIJAYAWADA-8
(Affiliated to Krishna University, Machilipatnam)

Course title: Counseling and Psychotherapy

Course Code: 20SDCCP2

No of hours : 30 hours

Credit : 2

Course Objectives

- To explore one's own beliefs and values in an effort to develop and deepen the understanding of counseling, psychotherapy process.
- to identify the various areas in which counseling and psychotherapy skills can be applied

Course Outcomes

CO1: Understand the concept of counseling and psychotherapy

CO2: Demonstrate the coping methods

CO3: Develop skills in counseling

Skill / Hands on : 15 hours

This course will use several learning formats for meeting course objectives

- Lectures/class demonstrations.
- Guest lecturer/student presentations.
- PPT , Film presentations.
- Video demonstration of therapy sessions, lecture notes. Quizzes
- Group discussion, interactive learning, audio and video recordings, role-play, experiential learning and examination
- Visit to the counseling clinics - Field Work,

, Unit I - Psychology of personal growth and well-being (5hrs)

Perspectives on self and personal growth: Concept of adjustment; healthy personalities, Characteristics and determinants.

Unit II - Foundations of Counseling (5hrs)

Basics of counseling,, Role of counselor, Positive psychology oriented counseling and areas of counseling

Unit III - Various theories of counseling and psychotherapy (5hrs)

(Psychodynamic, cognitive-behavioral, humanistic, and family counseling approaches)
Exploration of techniques and methods in group and individual counseling. Coping methods : strategies and effectiveness

Reference Books

1. What is Counselling and Psychotherapy
Author – Norman Claringbull
Year -2010
Publisher – Learning matters Ltd

2. Theories of counselling and Psychotherapy Systems and Strategies
Author – Seligman Linda
Publisher – Pearson Education, Edition-4

3. Introduction to Counselling
Author – Mcleod John, 3Edition
Publisher – New Delhi Rawat, 2008

4. Counselling and Guidance
Author – Narayana Rao S
Publisher – New Delhi – TaTa Mcgraw-hill Edu.Pvt.Ltd, 2013

5. Personality Development Through Psychotherapies
Author – H.L.Kaila, S. Ravishankar, B. Pattanayak
Publisher – Himalaya Publishing House
Edition-1-2003

ASSESSMENT

15 Hours : Teaching

15 Hours : Skill based Activities

Theory : 30 MCQs

Activities: 20 students' activities

Learning Format

- Field visit
- Group discussion
- Interactive learning
- Audio and video recordings
- Role-play
- Experiential learning